



IN SEARCH OF THE ROOTS OF SURGICAL HEALING

2021

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"To SUSHRUTA may be attributed the glory of elevating the art of handling a lancet or forceps to the status of a practical science..."

SUSHRUTA

- The "Father of surgery & plastic surgery"
- His principles and teachings took surgery in ancient India to a noteworthy pedestal, making it the golden age of surgery
- Many of his contributions to medicine and surgery preceded similar discoveries in the Western world.

JANUARY

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FEBRUARY

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SUSHRUTA'S compendium is an instruction manual for surgeons with detailed principles of surgery. Instructions about operation theatre which has to be clean and free from contamination, properly sterilized surgical instruments and competent assistants is described. Even the importance of the surgeon explaining the gravity of the disease to the patients and obtaining informed consent is accorded.

MARCH

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APRIL

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In Ayurvedic books like Ashtanga sangraha, beautiful textual & pictorial illustrations of about 120 surgical instruments including 101 blunt instruments, 21 sharp instruments and accessories, 14 types of bandages, dressings and splints are provided. Step by step instructions of 300 specialised surgeries & 8 surgical procedures (excision, incision, scraping, puncturing, probing, extraction, draining and suturing) are described.

MAY

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JUNE

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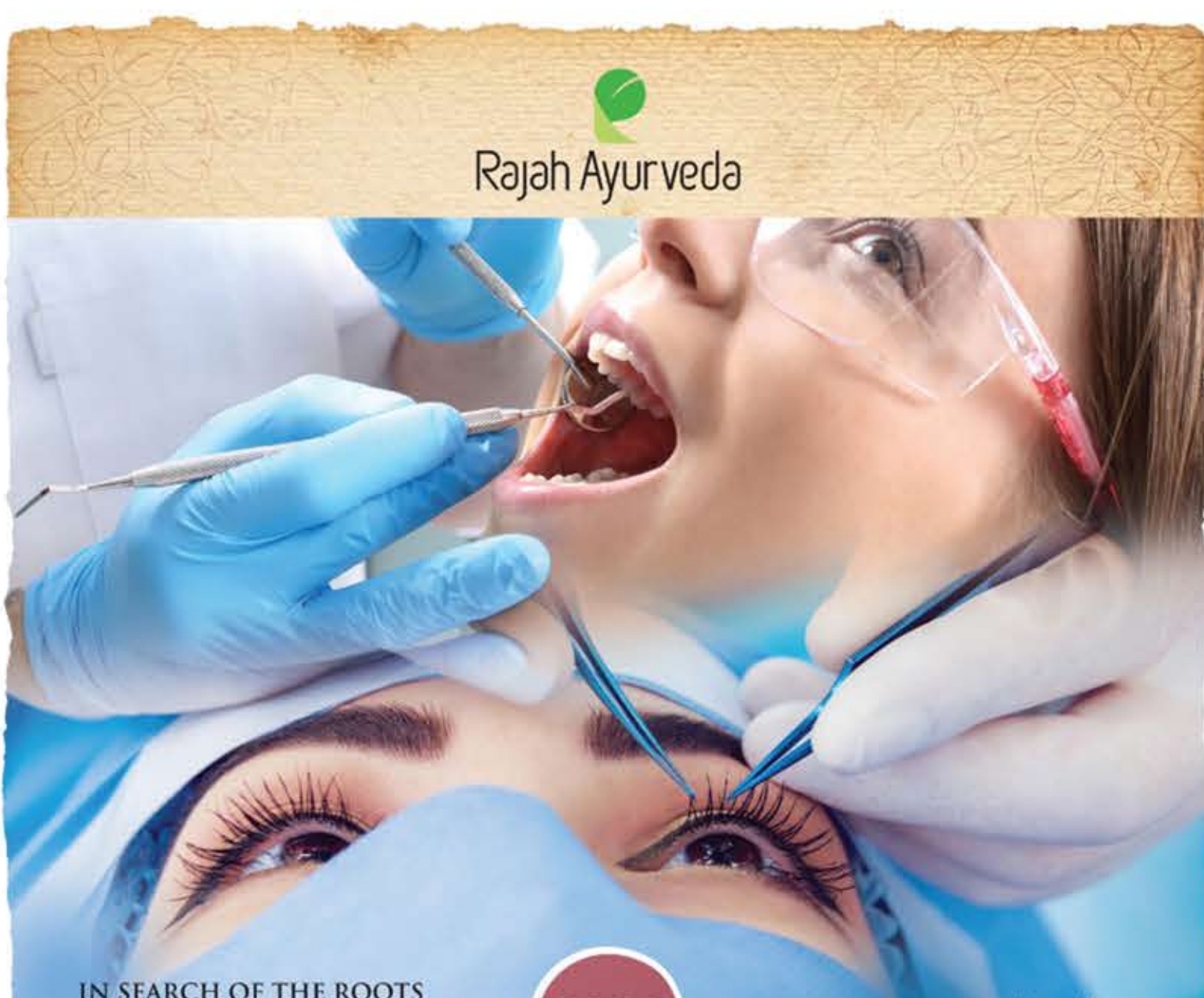
SUTURING PROCEDURE: Details of suturing needles of different calibres (straight, curved and triangular) and various types of suturing threads (the bulk/ fibers of linen, silk thread, etc.) are detailed. A comprehensive and systematic account of post operative care (debridement, fumigation, post operative complications and management) is described. In Ayurvedic texts post operative room was referred as vrattasagara.

JULY

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AUGUST

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Surgical specialities: Detailed description of surgical procedures

- Ophthalmology & ENT.
- Surgical Cataract extraction, excision of pterygium.
- Dental surgery: Tooth extraction.
- Fracture & dislocation management: To apply traction, manipulation, and stabilization & immobilization.

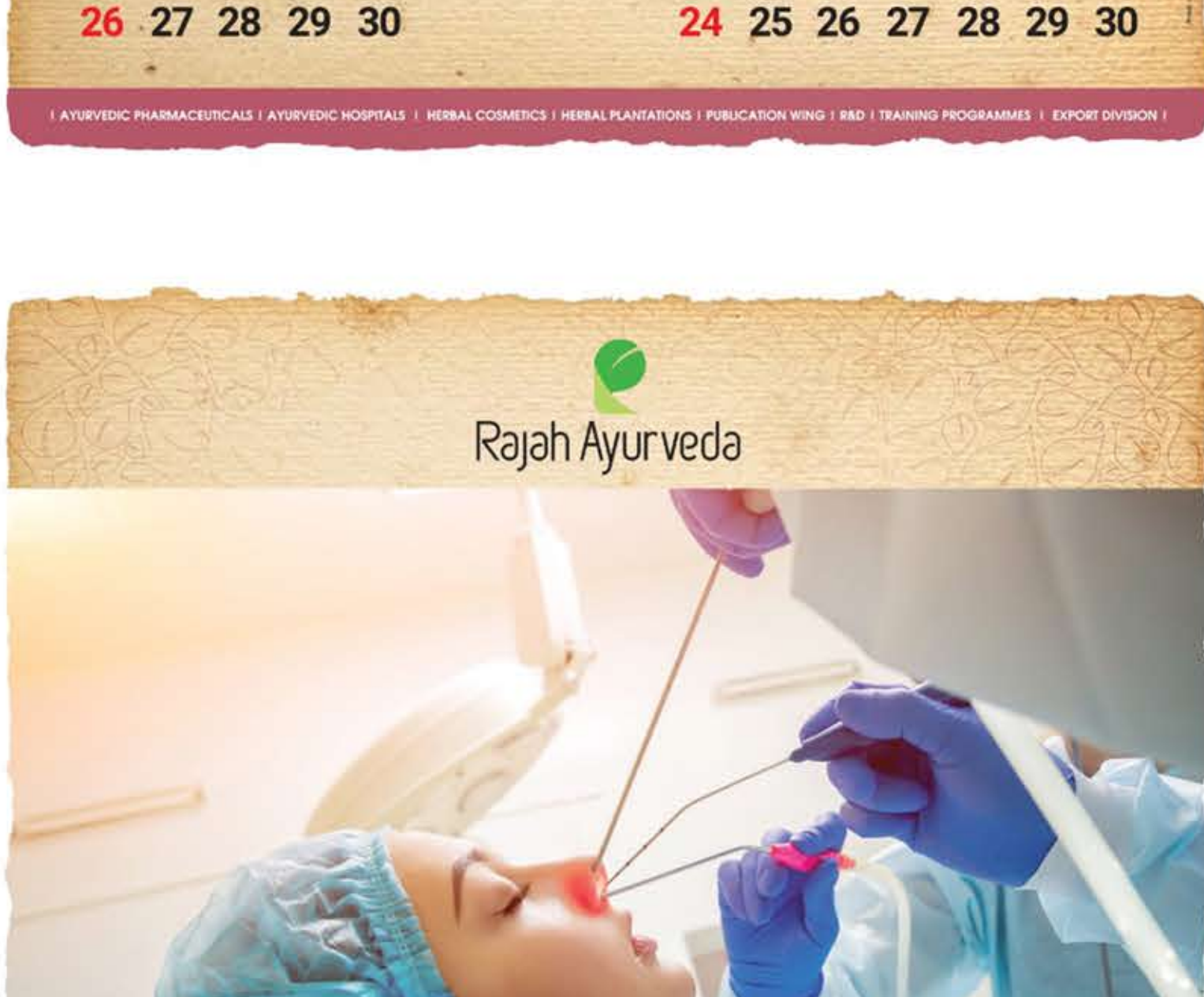
- Fistula in ano, Haemorrhoids
- Surgical operations for removal of stone from urinary bladder, Gall bladder
- Obstetrics & Gynaecology: Surgical steps during non delivery of full term pregnant women is described.
- Reproductive & urinary system diseases: The use of dilators, irrigating syringes and catheters, management of a urethral stricture by dilation and urethroplasty.

SEPTEMBER

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OCTOBER

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PLASTIC SURGERY

- SUSHRUTA performed the first rhinoplasty (cosmetic surgery of nose), labioplasty (surgery of earlobe) and correction of cleft lip with a unique understanding of human facial anatomy and circulatory system.
- Knowledge of different kinds of skin graft and the technique of reattachment of freely cut off body parts, which is still a matter of astonishment for the science.

Yoder daalya theorizing: the vital branch of Ayurvedic surgical knowledge is on the part of reattachment.

NOVEMBER

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DECEMBER

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