

[www.ayurvedichospital.com](http://www.ayurvedichospital.com)



# Rajah Ayurveda



Rajah Healthy Acres

### Health from nature's lap

Rajah Healthy Acres which is a green leaf certified Ayurvedic hospital is situated in a small village with a pristine atmosphere. It has an area of two hundred acres with thick vegetation containing numerous flora and fauna with huge density of medicinal and other specially grown plants.



Rajah Island

### Splendid beauty that refreshes your soul

The twenty acre Rajah Island is situated adjacent to the famed backwaters of Kerala. A myriad of birds, flora and fauna welcomes you in the midst of mangroves to this island of peace.

The uniqueness of the backwaters of Kerala has been captured in folklore, literature, memories and pictures from time immemorial. These backwaters are a distinctive feature of the Kerala landscape. It supports a diverse eco-system where numerous species of plants and animals live. Rajah Island captures the magic of backwaters for you



Rajah Beach



### Where you walk on the shores of wellness

Rajah Beach is the third center of Rajah Ayurveda. It is the first NABH accredited Ayurvedic Hospital in Kerala. It is located along a one kilometer long virgin beach surrounded by coconut trees and casuarinas. Indeed, at Rajah Beach, you will walk on the shores of wellness once again.



Rajah eco Beach

### Where our purest expression naturally flows forth

A healing shore of vibrance, clarity, health and well being. Aligning the body, mind, emotions and energies; It is the getaway to calm your senses. The focus is on overall healing and rejuvenation.



## Ayurveda - an approach to life A healthy life-style

Rajah Ayurveda offer ayurvedic treatments in three different locations-Rajah Healthy Acres, Rajah Island and Rajah Beach. All these three hospitals offer authentic ayurvedic treatments and therapies for patients from all over India and the world. The serene and calm atmosphere in these centers, play a pivotal role in providing total relaxation for the mind which is imperative in ayurvedic treatments. Here, the therapy is based on encouraging you to make life style alterations. The centers are also equipped with all the modern living facilities.



Rajah Ayurveda provide treatments for specific illness and rejuvenation for healthy people. Rejuvenation treatments are meant for maintaining a positive health and to prevent illnesses.

### The commonly treated ailments at the centers are:

- Orthopedic ailments like osteo arthritis, rheumatoid arthristis, low back pain, sciatica, cervical spondylosis, degenerative disc diseases, frozen shoulder etc.
- Skin diseases like psoriasis, different types of eczema, diabetic ulcers, skin allergies, diseases of the hair, scalp etc.
- Neurological disorders like stroke, facial paralysis, motor neuron disease, multiple sclerosis, Parkinson's disease etc.
- Bronchial asthma, allergic rhinitis and related ailments.
- Diseases related with digestive tract and liver like ulcers, acid peptic disorders, ulcerative colitis, hepatic dysfunction, Hepatitis C etc.
- Diseases of the eyes and ears like astigmatism, long sight, short sight, degenerative disease of the eyes, Tinnitus and balance disorders, Sinusitis etc.
- Stress related illnesses including insomnia and anxiety etc.
- Drug and alcoholic dependence.

- Gynecological diseases like menstrual disorders, repeated abortions, hormonal imbalances, menopausal syndrome, polycystic ovarian diseases etc.
- Male & Female infertility
- Congenital pediatric illnesses like cerebral palsy, autism etc.
- Ayurveda also gives excellent results in chronic fatigue syndrome, burnt out syndrome, irritable bowel syndrome and other new generation health ailments due to the strain and stress of present day living.
- Ayurveda can help to control most of the lifestyle diseases like obesity, diabetes, high blood pressure, hyper lipidemia and provide excellent rehabilitation therapies after accidents and surgeries.



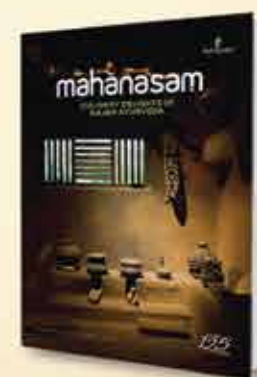
### Medicine manufacturing unit

Rajah Healthy Acres has a full-fledged ISO 9001: 2008 & GMP certified medicine manufacturing unit. More than 300 Ayurvedic medicines that include combinations from traditional texts are prepared here. Our R&D Division has developed more than twenty six patented prescription products and other preparations like cosmetic creams and herbal shampoos. Most of the medicines are of herbal origin. Some contain animal products and minerals as well. We have a fully equipped laboratory for quality control of the finished products. These products are sold through a network of outlets in India and abroad.

### Publication Division



Roots  
quarterly journal



Mahanasam  
Culinary delights of  
Rajah Ayurveda

## Common Activities and facilities provided in all the three centers

<b>Ayurveda cooking demonstrations</b>	To give patients a better idea about the types of Indian cooking and healthy food
<b>Talk on ayurveda</b>	Talks on ayurvedic way of life, food, basic principle of ayurveda etc. to enlighten the patient.
<b>Cultural Shows</b>	These include performing arts like kalaripayattu, Mohiniyattam, Classical music, Kathakali etc.
<b>Half day trip</b>	With doctor's permission short sight seeing trips are being conducted to Guruvayoor temple, Elephant park etc. Also visit to our factory & other centres are also can be arranged on request.
<b>Internet Facilities</b>	Access to internet is available in the reception or WIFI is available in most of the areas.
<b>Payment</b>	Payments can be done by credit/debit cards (VISA, American Express, Master Card).
<b>Transportation Facility</b>	Arranged pickups & drop backs to airport on prior request.
<b>Library</b>	Books available (fiction, Indian classics reference books and periodicals).
<b>Recreation Facility</b>	Indoor recreation facilities (pool board, caroms, chess and games).



Rajah Ayurveda

RAJAH HEALTHY ACRES | RAJAH ISLAND | RAJAH BEACH | RAJAH ECO BEACH


#### For reservation & enquiry

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