

i suffer from emotional and mood disorders, i'm very often sad or angry. i feel a psychological rock that prevent me from interacting with the others and makes me distant, either with close friends or strangers. i'am still afraid, ill-at-ease and nervous to meet people. it's very difficult to me to have a talk with someone because i never know what to say and feel stupid. since, i try to avoid all social situations.

my second problem is that i don't succeed in getting pregnant because of very low ovarian reserve. my husband and i are helped by a doctor (artificial inseminations, in vitro fertilizations)

i would have wished to heal from this block in my mind before having a child but i grow old and couldn't wait any longer.

since i'am 18 years old i have experienced such "block" episodes. the first one lasted 6 months. the last one 2 years, and this one currently lasts for 7 years but it's less serious than the others, indeed, i can still work.

there is no diagnosis for my case really. psychiatrists said it might be nervous breakdown, bipolar disorders, borderline personality disorders, social phobia,...

i get antidepressant medication