



Where nature lends you a healing hand

Rajah Healthy Acres

Certified as GREEN LEAF by the Govt. of Kerala, Rajah Healthy Acres is situated in a small, serene village at Palakkad. It covers an area of over two hundred acres of dense vegetation comprising various medicinal plants and traditional Kerala vegetation that includes coconut trees, areca palms, mango trees, jack fruit trees and banana plants.

Rajah Healthy Acres has a fully fledged GMP certified medicine manufacturing unit, where more than 300 ayurvedic medicines that include combinations from traditional texts are prepared. Rajah Healthy Acres offers a range of options for stay - from single rooms to private villas. To give the patients the best care, Rajah Healthy Acres has a specialized medical team of ten physicians and sixty therapists.



SERVICES

- Traditional Ayurvedic Treatments - OP & IP
- Panchakarma Therapy
- Daily consultation with Doctors
- Ayurvedic training programmes and awareness classes
- Daily yoga classes
- Acupuncture & Acupressure
- In-house dietary services as advised by Doctors
- Milk bath



FACILITIES

- Long walkway through the plantation for relaxed and healthy walking experience.
- Home Gym & Indoor gaming facilities for patients.
- Cultural programmes including Kathakali, South Indian Classical Dance, Music or Martial Arts will be arranged once in a while.



Where you anchor to begin a healthy voyage

Rajah Island

The twenty acre Rajah Island is surrounded by the famed backwaters of Kerala, which has been the setting for many famous folklore and literary works from Kerala. A myriad of birds and fishes forms the part of the diverse eco-system of this place along with the numerous specialties of plants and animals. No wonder it is certified as GREEN LEAF by the Govt. of Kerala.

Rajah Island provides a wide variety of staying options ranging from single rooms to water front cottages. You can choose from Coconut Hut, River View, Lotus, Mangrove or the Kashmiri boat. At Rajah Island, the concept of Panchabhutas symbolizes the ten treatment rooms. These rooms form a part of the treatment complex that is situated away from the cottages. A team of six doctors and forty therapists forms the core medical group to serve the patients at Rajah Island



SERVICES

- Traditional Ayurvedic Treatments - OP & IP
- Panchakarma Therapy
- Daily consultation with Doctors
- Ayurvedic training programmes and awareness classes
- Daily yoga classes
- Acupuncture & Acupressure
- In-house dietary services as advised by Doctors



FACILITIES

- Boating can be arranged around the island in the calm backwaters in small canoes or boats.
- Walking track for a relaxed and healthy walking.
- Swimming pool- usually swimming is restricted during most of the ayurvedic treatments. Only in some cases, it is allowed with the permission of the doctors.
- Home Gym for patients (exercises will be selected by the doctors depending on their health condition).
- Children's play area. Cultural programmes including Kathakali, South Indian Classical Dance, Music or Martial Arts will be arranged once in a while.



Where you walk on the shores of wellness

Rajah Beach

Rajah Beach is located at a kilometer-long virgin beach surrounded by coconut trees and casuarinas. The centre comprising three doctors and fifteen therapists offers an array of Ayurvedic treatments. Accommodation facilities include deluxe rooms or cottages. It is Kerala's First & India's Third NABH accredited Ayurvedic hospital.



SERVICES

- Traditional Ayurvedic Treatments - OP & IP
- Panchakarma Therapy
- Daily consultation with Doctors
- Ayurvedic training programmes and awareness classes
- Daily yoga classes
- Acupuncture & Acupressure
- In-house dietary services as advised by Doctors



FACILITIES

- Yoga Hall
- Indoor gaming facility and basic exercise equipments
- Swimming Pool
- Cultural programmes including Kathakali, South Indian Classical Dance, Music or Martial Arts will be arranged once in a while.



Websites : www.ayurveda-in.com
www.ayurvedichospital.com

RAJAH HEALTHY ACRES • RAJAH ISLAND • RAJAH BEACH

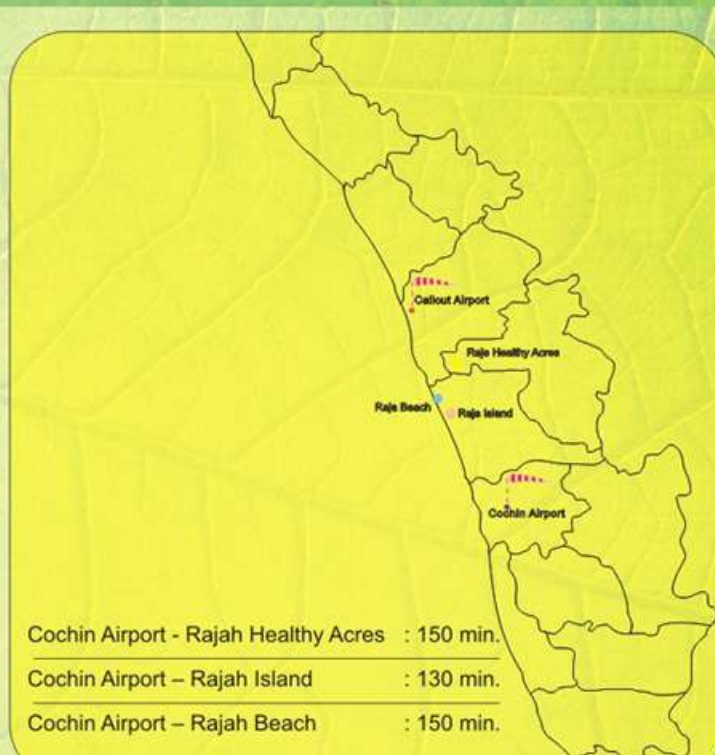
For Reservation and Enquiry

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Cochin Airport - Rajah Healthy Acres : 150 min.
Cochin Airport - Rajah Island : 130 min.
Cochin Airport - Rajah Beach : 150 min.